



T-BALL Rules

LEAGUE RULES

- The YMCA Philosophy is “Everybody Plays, Everybody Wins!” All coaches, parents and players are expected to conduct themselves in a sportsmanlike manner and remember the kids come first.
- All games will start with both teams reciting the YMCA Sports Pledge and end with teams and coaches shaking hands.

GAME RULES

- Regulation games are four innings, or 50 minutes whichever comes first. Games will be started promptly at the scheduled time. However, the game will complete the full inning before the umpire calls the game.
- The defensive team is allowed to station 3 coaches in the field. The coaches are responsible for making sure kids begin in their positions and instructing the players during game play. Coaches of the offensive team may locate themselves opposite first and third base as well as behind home plate. At no time may the offensive or defensive coaches physically participate (touch a player or ball during the play).
- The base distance will be 30 FT.

BATTING

- For the first 2 games of the season, the ball will be hit off of a tee and must go past a 10 foot arc drawn in front of home plate to be fair. The batter will then run to all bases including home. The coaches may stop the base runner at each bag to teach him/her how to properly run the bases. After first two games of the season, the ball will be pitched three times by the team’s coach. If the player is not able to hit the pitched ball, then he/she will hit off the tee located at home plate.
- The batter may not swing at the ball until the Coach says “batter up”.
- Each child will bat every inning before the sides are switched (no player shall bat more than once in an inning).
- After hitting a fair ball, the batter must make an attempt to lay the bat down. Runners will not be called out.

FIELDING

- A maximum of 6 players (no catcher and two pitchers) may be in the infield. All remaining players will be placed behind the infield and cannot come into the infield to make a play.
- Every player must play at least two innings in the infield.
- An arc will be drawn in front of home plate. All infielders must play outside this arc before the ball is hit. No more than two players may play in the pitcher position.
- The object is to field the ball and throw it to first before the base runner reaches first. If the ball reaches first prior to the runner, the defensive team did their job.
- The last batter and the base runners already on the bases will be allowed to finish running the bases.

YMCA SPORTS PLEDGE

“Win or lose, I pledge before God, to do my best, to be a team player, to respect my opponents, teammates and officials, and to improve myself, in spirit, mind, and body.”