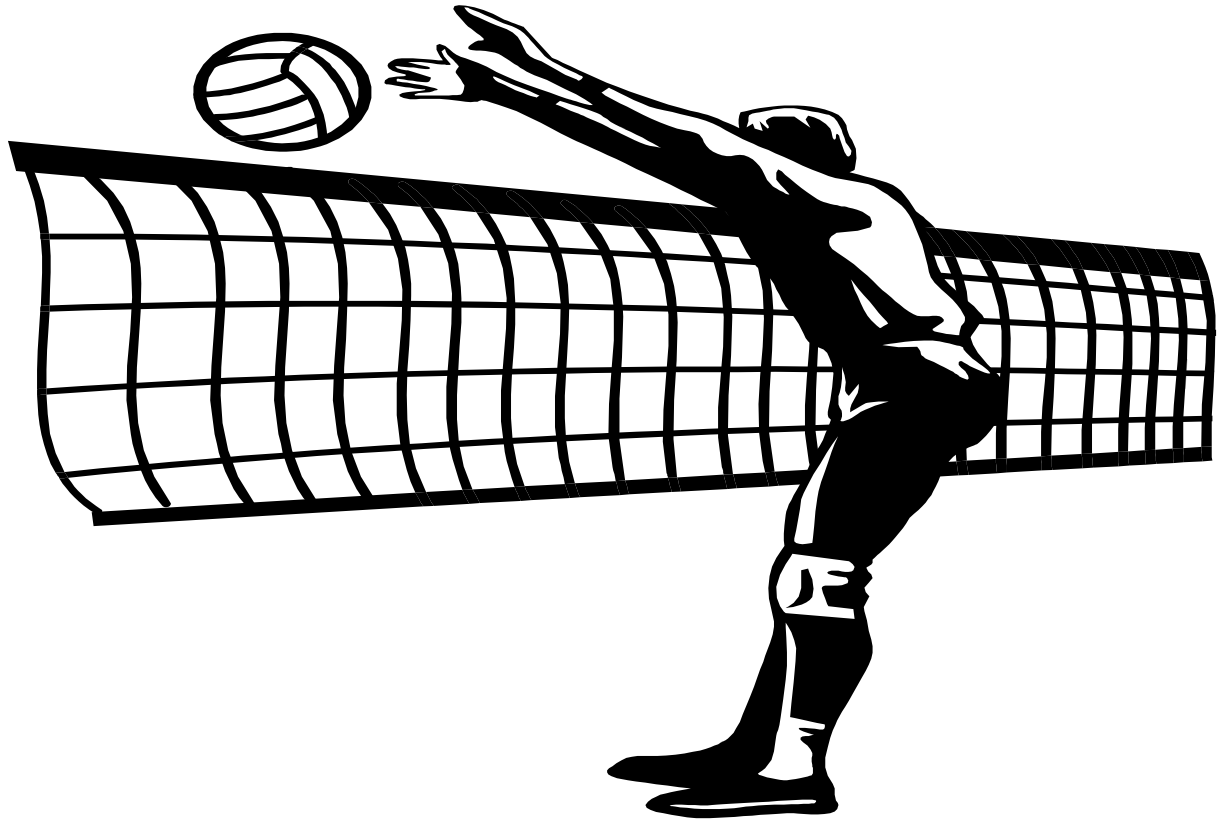




Sandusky Area YMCA

Coed Volleyball Guidelines



2013 - 2014

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1. A full team consists of (6) players. With a six-person field, no more than 4 males be on the court at one time. (I.E. A field of (3) males, and field (3) females, a field of 4 females and 2 males, only on the absence of a third or fourth female.
2. A team with less then (6)members present at game time will start. A minimum of (4) players must be present to play - at least (1) female must be present. If (5) players are competing at least (2) must be female.
3. Rosters must be turned in before league play begins. CHANGE MAY BE MADE UP TO THE HALFWAY POINT OF SEASON. Unless approved by the league coordinator. Team and player fee must be paid before 2nd week of games. If a player arrives after match has begun, they will sub in on the next side out at the serving position.
4. Any exceptions to these guidelines must be agreed upon by both teams and presented to the league coordinator prior to the beginning of the match. If there is any question regarding the matches, the guidelines will apply.
5. We reserve the right to make exceptions to this rule in order to maintain fair play.

SUBS AND ALTERNATES

Subs:

A sub is any player listed on the roster that is not in the teams regular line-up. They are eligible to play in an unlimited number of matches, but must have played in at **least 9 games** to be eligible for tournament play. All subs must pay the participation fee. A team may list up to six subs on the roster. Team captains are required to report subs to referee before start of play and afterwards.

Times/Days

League play will be held on Thursday evening 6:45 -9:30 Games will begin at 6:45pm and 8:30pm.

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Teams that have less than 6 players available for a match may pick up one player. **Lower Division can not pick up an upper player but an upper can pick up a lower player.**

Matches

Each match consists of three games to 25 points. Game must be won with a two-point lead. Each team is allowed two time outs per game of thirty seconds. If the game is tied at 25-25 it continues until one team has a two-point lead.

Sides

Prior to the start of play, referee will call the captains to the net. A coin will be tossed or a number picked to determine who serves first. After each game, teams change sides.

Team Officials

Each team will be required to provide two officials throughout the season. The referee schedule is included on the league schedule.

Failure to provide officials will result in a warning for the first offense. Additional failures to provide referees will result in your team receiving three losses for the night. **YOU MUST STILL PLAY THE MATCH TO DETERMINE WIN/LOSS RECORD FOR THE OPPOSING TEAM.**

Positioning

Players must be arranged male/female at all times (appropriate to players on the court)
On the change of service, members of the team that is to serve, rotate on position clockwise before service. The order of the rotation must remain constant in each set. If rotating a player in, they must come into the serving position. If you are subbing a defensive player to play back row only, the original player will enter in at the left front position. Once you start this, you must continue for the whole game. Each team has unlimited subs per game.

The Serve

After referee signals the player in the rear right corner puts the ball into play. The server may stand anywhere behind the serving line. Player continues to serve in till their team commits a foul. **THE SERVE CANNOT BE BLOCKED .**

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Bump

A bump is hit with any part of the body above the waist. Hands cannot be open.

Playing the Ball

Each team may touch the ball up to three times before sending it over the net. If the ball is played by more than one player on a side, at least one hit must be by a female. Contact is allowed with any body part ABOVE the waist as long as the hits are clean and the ball is not held, scooped or carried in any way. Carries will be enforced. If a ball hits the ceiling on your side of the court, it is playable. Balls hitting raised backboard are out of bounds.

Blocking

Blocking is the action at the net, which intercepts the ball coming from the opponents side by making contact with the ball before it totally crosses the net, or immediately after it has crossed the net. At the Net shall mean with arms length of the net.

Lift

Upward hitting of a ball with an open hand, especially below the waist. Any underhand, open hand hit is consider illegal.

Back line Players

If a back line player jumps from the floor clearly behind the ten-foot line, the ball maybe be spiked or intentionally directed into the opponents area, regardless of where the player lands after hitting the ball.

Back line players may not block the ball, there is no restriction on their being next to a block for the purpose of playing the ball in other than blocking action.

Note: If a team is playing with four players, the server is a back row player.

Foot Faults

A foot fault is when any part of your foot passes over the centerline or serving line. If the foot lands on a line without any part passing over, a fault will not be called.

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No Shows

Any team not providing 24 hours notice of cancellation to a league contact and to the opposing team shall forfeit matches scheduled for that evening . If a team does not show and is scheduled to referee guidelines outlined in the team officials section will apply.

TOURNAMENT GUIDELINES

1. Matches will be best 2 out of 3

Games to 18 Points by 1 point

With NO time limit . 1 time out

2. First Match will start promptly at 6:30

On 2-21 and 2-28 and 7:00 on 3-7

Remaining Matches will Start 5 minutes after last game.

Revised October 3, 2013